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Os Rosemaling Bouquet Design

Supplies

Paints: DecoArt Americana Craft Paint

Titanium "Snow" White	Hauser Green	Cadmium Yellow	Cadmium Red
Ocean Blue	Plantation Pine	Canyon Orange	Burgundy Wine
Vivid Blue			

Note: you may use any colors you prefer or have on hand; you should have 4 medium values (Green, Red, Blue, Orange/Yellow) and a darker value for each. You may also use a different background color, such as Warm white, Light Buttermilk, or Bleached Sand. We can create a lighter value using your light background color.

JoSonja Clear Glaze Medium is recommended but is optional, or you may also use a matte sealer.

Wood Source – I purchased a package of 10" balsa wood 1/8" discs from Hobby Lobby for about $7.99. They are great for projects like this, where you are learning a new technique.

Brushes: You will need a couple of good round brushes, a 3 or 4 for the comma strokes; I also used a 3 or 4 filbert to pull petals on the flowers and a 10/0 or 20/0 liner. We will be using 6 or 8 flat or angle brushes as well.

Other supplies – Your basic painting supplies, and I recommend having Q-tips on hand to remove any strokes you are not happy with.

Preparing the piece

Sand/Seal– If you use the Hobby Lobby surface, I recommend that you seal it and give it a light sanding before base coating.

Basecoat – basecoat the entire piece with two coats of Titanium "Snow" White or your light background color.

Seal – When doing stroke work, placement and shape are important elements. While you are learning a new skill like stroke work, sometimes it doesn't come out right. You can remove the strokes without damaging the background by sealing your piece with Clear Glaze Medium or matte sealer.

Apply the pattern – For stroke work, you only need the basic shape of the design. When Rosemalers are designing a piece, they use chalk or charcoal to apply basic shapes of the major elements of the design. We are going to do something similar by applying the circles where our flowers are going. We are also adding the stem lines. Because the piece's design is intended to create a bouquet, having all the lines going to the same place is important.
You are ready for class.

Lines & Leaves– Houser Green, we will start putting in the stem lines using a 10/0 liner or your favorite liner. Start with the Center Line, then do the four other main flower stems.   Starting at the outer tip of the leaf, pull the line for the stem and create the outside/upper line for the Leaves. Switch to a 3 or 4 Filbert or a flat brush and base in the shape of the leaves. They should remain translucent. This is common in Os leaves. *If it bugs you, or you can see the graphite, you can fill them in with a 2nd coat.*

Large Center Flower – Base the circle with Cadmium Yellow

Small yellow buds – pull with a 6 or 8 Filbert – on its side with Cadmium Yellow.

Leaves – highlight bottom edge of the leaf with Cadmium Yellow.

Tulips – Double load a 6 or 8 flat with Cadmium Yellow and Canyon Orange. Pull "S" stokes to form the outer petal of the tulips. The orange should be towards the center of the tulip.

Blue Flowers – Mix Ocean Blue and Titanium White (1:2) to create a light blue. Base in the centers of the blue flowers.

Center Flower – with Cadmium Red pull the dipped crescents around the edge of the yellow center.

Blue Flower – with Ocean Blue pull the crescents around the light blue center.

Tulips – Double load a 6 or 8 flat with Cadmium Yellow and Canyon Orange. Pull down modified comma strokes to form the center of tulips.

Center Flower – outline dipped crescents on the outside with Burgundy Wine using a 10/0 liner to pull three tiny teardrops in the center of the flower petals. Line outside of yellow center with Canyon Orange. Dot Center with Vivid Blue, then pull teardrops from the center to where the petals come together. Use Canyon Orange to put dots at the top of the blue teardrops.

Blue Flower – With Vivid Blue, outline the crescent strokes with a 10/0 liner. With a 6 or 8 filbert, pull small strokes inside the crescents up to the center circle. Next, add a yellow center to the circle. When dry, pull a Canyon Orange Comma stroke followed by a Burgundy Wine Comma stroke and a Vivid blue Comma stroke. Add a Vivid Blue dot in the center and Burgundy Wine dots at the junction of the Crescent strokes.

Tulips – using Burgundy Wine pull comma strokes with a 10/0 liner on each petal. In the middle of the center section, add comma strokes. The dot at the base is also Burgundy Wine.

Small yellow buds – add a float of Canyon Orange to the top. With Hauser Green, pull the stem down one side and add another stroke to the other side. These buds can also be part of the border design but include three dots in Cadmium Red.

Leaves – With Plantation Pine, Shade the top of the leaves – next, pull a comma stroke through the center of the leaf from the end to the stem. Then pull comma strokes on either side of the center line, also with Plantation Pine.

Detail Strokes – with Houser Green, pull the two long strokes on either side of the blue flowers and the detail comma strokes under the center flower. Three strokes came out of each side of the Tulips. All these are done with the 3 rounds. With Ocean Blue, pull the blue strokes above the center flower.

Fern Leaves – with a 10/0 liner and Houser Green, pull a long thin comma stroke from the side of the center flower towards the outer edge. Then pull graduated comma strokes along both sides of the center stroke. These are the same leaves that are part of one of the borders.

Border option – Pull "S" strokes around the outside edge using Ocean blue. Dots in Burgundy wine are in between each stroke. Line the bottom of the stroke with Vivid Blue. Add a thin detail line above and below the "S" strokes.
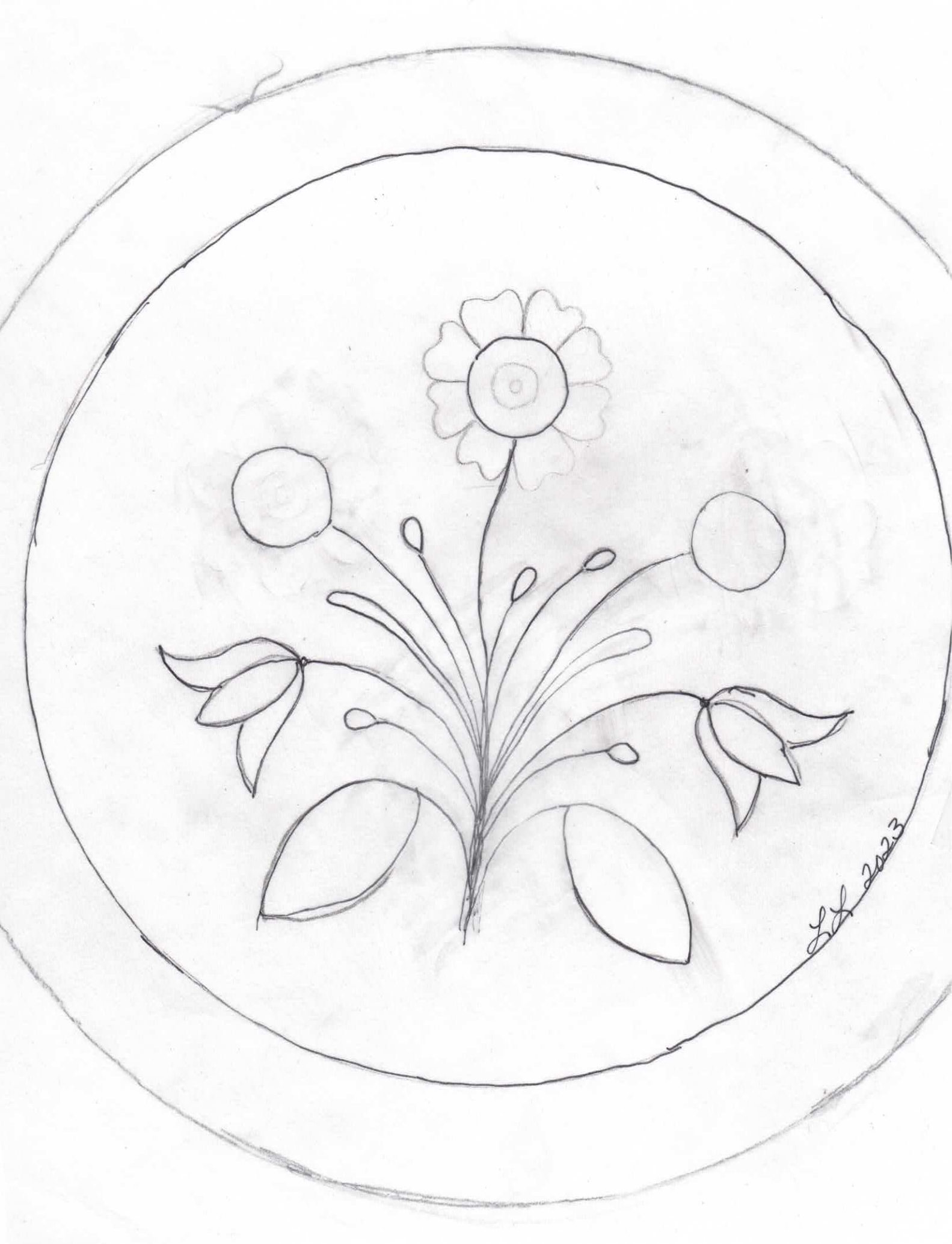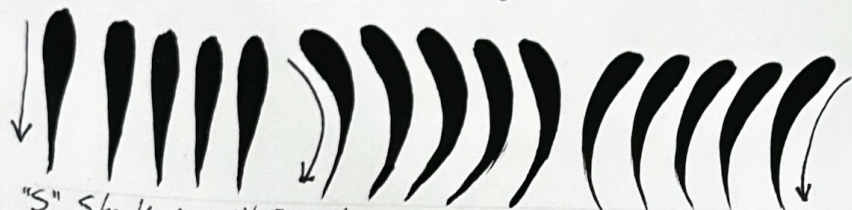
Teardrops with 3 round
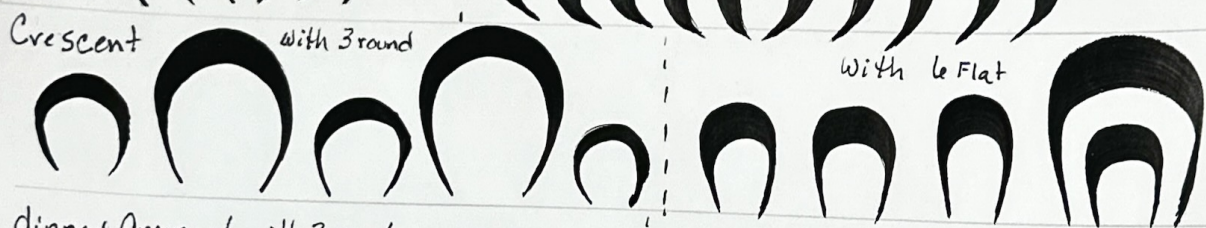

Comma Strokes with 3 round

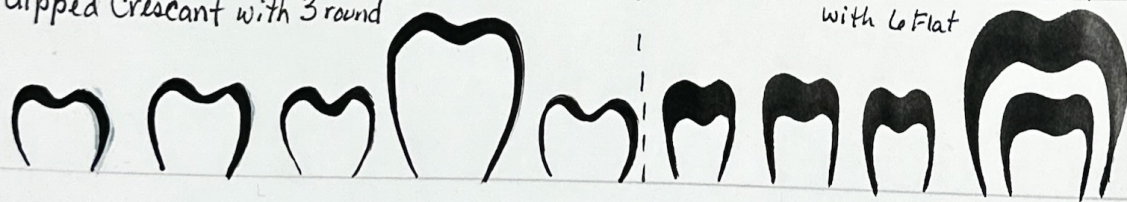**"S" Strokes with 3 round** | **"S" with 6 Flat**

Crescent with 3 round | with 6 Flat

dipped Crescent with 3 round | with 6 Flat

When I Practice Strokes I use an Scrap of Card stock or Mixed Media Paper. I Normally Do the Same stroke across the whole Page. Then I do it the other Direction. about 20 each row.

To "warm up" before painting I do the Same, just Not as Many of each.

This is an example of my Practice board/sheet. It is Not Perfect. doing Practice Strokes helps me Calm down, Remember to go Slow & Give thanks for Q-Tips☺

Lisa Ludwig
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